

### APOSTLES CREED

I believe in God, The Father almighty,  
Creator of heaven and earth,

And in Jesus Christ,

His only Son, Our Lord,

Who was conceived by

The Holy Spirit,

Born of the Virgin Mary,

Suffered under Pontius Pilate,

Was crucified, died and was buried;

He descended into hell,

On the third day he rose again

From the dead;

He ascended into heaven,

And is seated at the right hand

Of God the Father almighty;

From there he will come to judge

The living and the dead.

I believe in the Holy Spirit,

The holy catholic Church,

The communion of saints,

The forgiveness of sins,

The resurrection of the body,

And life everlasting, Amen

### TEN COMMANDMENTS

1. I am the Lord your God. You shall have no other gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember the Lord's Day and keep it holy.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

### TWO GREAT COMMANDMENTS

1. You Shall love the Lord your God  
with all your heart,  
with all your soul,  
with all your mind  
and with all your strength.

2. You shall love your neighbor as yourself

### SIGN OF THE CROSS

In the name of the Father, and of the Son, and of  
the Holy Spirit. Amen

### MORNING PRAYER

Lord Jesus Christ so let me be  
that all I do be done by Thee,  
Grant that all I think and say  
Be your thoughts and words this day.

### ANGEL OF GOD

Angel of God, my Guardian dear, to whom His love  
entrusts me here; ever this day be at my side, to  
light and guard, to rule and guide. Amen

### HAIL MARY

Hail Mary, full of grace! The Lord is with thee;  
blessed art thou among women, and blessed is the  
fruit of thy womb, Jesus. Holy Mary, Mother of  
God, pray for us sinners, now and at the hour of  
our death. Amen

### OUR FATHER

Our Father, who art in heaven, hallowed be Thy  
name; Thy kingdom come; Thy will be done on  
earth as it is in heaven. Give us this day our daily  
bread; and forgive us our trespasses as we forgive  
those who trespass against us; and lead us not into  
temptation, but deliver us from evil. Amen

### GLORY BE

Glory be to the Father, and to the Son, and to the  
Holy Spirit. As it was in the beginning, is now, and  
ever shall be, world without end. Amen

### GRACE BEFORE MEALS

Bless us, O Lord, and these Your gifts which we are  
about to receive from Your bounty, through Christ  
our Lord. Amen

### GRACE AFTER MEALS

We give you thanks for all Your benefits, O  
almighty God, who lives and reigns forever. Amen